



Saturday, August 19, 2023

CHECK-IN: starts at 7:30 AM

WALK: starts at 8:00 AM *following runners*

La Salle VFW

2325 Donahue Street, La Salle, IL 61301

1-Mile Memory Walk

part of The "Boo" Milby 5K Run/Walk



Refreshments

Contact:

Joanne Milby | 815-228-1858 | boo15@att.net

Adult Entry Fee: **\$20** • Kids 12 & Under: **\$5** • Kids in Strollers: **FREE**



Name: _____ Phone: _____

Address: _____
Street City State Zip

Mail entry fee (payable to):

Illinois Valley Alzheimer's Group, Inc.

11A Heather Drive, La Salle, IL 61301



OR - pay fee the day of walk



(Circle Size)

Unisex:	S	M	L	XL	XXL	XXXL
Ladies:	S	M	L	XL	XXL	
Youth:	YXSM	YS	YM	YL		

All walkers will receive a shirt.

