



Restless Runners 5K

Saturday October 10th, 2020 8:00AM

sponsored by: the City of Peru Recreation Dept.

Circuit Race

Registration Information:

\$25.00 if post marked by September 30th, \$30.00 through and including race day. Make checks payable to: Starved Rock Runners. Mail registration forms & payment to: Restless Runners, 407 W. Dakota St., Spring Valley, IL 61362

Check In/ Packet Pickup:

Race day registration/packet pick up is available from 7:00AM until 7:45AM at Washington Park in Peru (near the Splash Field parking lot. Park Rd and Rock St). Face masks must be worn for registration and packet pick up.

CDC Safety Guidelines:

Participants will be required to wear a mask at registration, packet pickup and at the start line. Once a participant is on the course the mask can be worn at their discretion, but everyone is encouraged to practice social distancing (stay 6' apart). The start will be in waves of 40 participants (two rows each spaced 6' apart, side to side and front to back. Waves will be sent out 2:00 minutes apart.

Race & Course Information:

Course starts and finishes near the corner of Park Road and Rock Street in Peru, IL. Certified distance, splits @ miles 1 & 2, chip timed, computerized race results with results posted on Starved Rock Runners web site. There will be NO water on the course. Everyone is responsible for their own hydration needs. Traffic control. Pre-registered participants will receive a uni-sex T-Shirt and participation medal.

Online registration at: <https://runsignup.com/restlessrunners5k>

**PLEASE PRINT LEGIBLY - The accuracy of your results depends on it!
ONE REGISTRATION PER FORM. Please provide all information requested.**

NAME

EMAIL ADDRESS

ADDRESS

PHONE

CITY

MALE

AGE AS OF RACE DAY

FEMALE

DATE OF BIRTH

STATE

ZIP

UNI-SEX SIZES

(Please check box)

SHIRT SIZE: YOUTH MEDIUM SMALL MEDIUM LARGE X-LARGE 2XL 3XL
 YOUTH LARGE

I understand that my consent to these provisions is given in consideration for being permitted to participate in this event. I attest and acknowledge that I have full knowledge of the risks involved in participating in this event, and that I am in adequate physical condition to participate in this event. The race administrators may remove me from the race if they believe my health to be endangered.

I agree that I will not sue, or otherwise hold responsible, the City of Peru, Peru Recreation Department, Racing Expectations, Starved Rock Runners Ltd., the Race Director and/or volunteer staff, and/or any affiliated individuals, or any race sponsor or their employees.

I understand that bicycles, skateboards, roller skates or roller blades, animals and personal music players are not allowed in the race. If I do not follow all the rules of this event, I understand that I may be removed from competition.

I give my permission to use any photographs, videotapes or other recordings of me that are made during the course of this event.

Registrations are final. There are no transfers, refunds or cancellations. I have read, have understood, and do accept the agreement above. I understand that this is a legal document with effects that I approve and authorize.

SIGNATURE

If the registrant is under 18 years of age, incapacitated, or mentally challenged, I assert that I am the parent/legal guardian, or otherwise authorized to execute a legally binding agreement on behalf of the registrant.

BIB # _____

SIGNATURE of PARENT OR GUARDIAN (if under 18)