

**"BOO" MILBY MEMORY
5K RUN/WALK BENEFITS**

**ILLINOIS VALLEY
Alzheimer's Group
SATURDAY/ AUGUST 15, 2020
8 AM AT NORTHWEST SCHOOL**

Register online at runsignup.com. Register only online through august 13th till 10:00 pm.

Day of race sign up (no mailing in sign up sheets)

Entry Fee:

\$25 before August 13th
\$35 day of Race

Entries made payable to: Starved Rock Runners, Walkers Encouraged!!! Strollers welcome

Check In: 6:45 AM

Start Time; 8:00 AM

Starts & Ends at:

Northwest School 229 O'Connor Avenue LaSalle, IL 6130 2 blocks west of Rt 351 First

Please Print Clearly

Name _____
Address _____ City _____ State ____ Zip _____
Age as of August 15th ____ Gender M/F _____ Date of Birth _____
Phone _____ Email _____

Please Circle One:

5K Run Walk

Unisex Shirt Size: S M L XL 2XL 3XL

Ladies Shirt Size: S M L XL 2XL

Youth Shirt Size: XS S M L

I know that running a road race is a potentially hazardous activity, i should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume the risks associated with running this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and or humidity, the conditions of the road and traffic on the course, all such risks are known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my entry, I for myself and anyone entitled to act on my behalf, waive and release the Alzheimer's Group, the City of LaSalle, LaSalle Grade School District #122, The Starved Rock Runners LTD. and all sponsors, their representatives and successors from all claims or liability that may arise out of negligence or carelessness on the part of the persons named in this waiver, i grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

SIGNED: _____
Parent or Guardian if Minor