



Trinity Catholic Academy's
7th Annual
TCA 5K Run/Walk

Saturday, October 19th starting at 9am
Registration begins at 7am

Course designed to go through the scenic streets of LaSalle, starting and finishing at TCA.
Refreshments will be provided after the race.

Awards for Overall 1st Place male and female runners
Medals for 1st Place male and female TCA students
Medals for Top Three in each age categories:

8 and under Male/Female *	9-11 Male/Female
12-14 Male/Female *	15-19 Male/Female
20-29 Male/Female *	30-39 Male/Female
40-49 Male/Female *	50-59 Male/Female
60-69 Male/Female *	70-79+ Male/Female

Pre-Registration fee of \$20 is due by October 9th to guarantee shirt
Race day registration fee is \$25, with no guarantee of shirt

Complete form and return to TCA c/o Fundraising Director, 725 4th Street, La Salle, IL 61301
Questions can be directed to Esmeralda Avila (815) 780-9991



Name: First _____ Last _____
 Male _____ Female _____ Date of Birth _____ Age _____
 Address _____ City _____ State _____
 Phone _____ Shirt size (circle one): **YS YM YL S M L XL**
 Email _____

Waiver (Read before signing): I know that participation in this event is a potentially hazardous activity. I will not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of any race official as to my ability to safely complete the event. I assume all risks associated with this event, including but not limited to falls, contact with other participants, effects of weather (including excessive heat), traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Town of La Salle, Trinity Catholic Academy, race officials, volunteers, and all sponsors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purposes. I know that dogs, bicycles, in-line skates, and headphones are not allowed on the course.

Signature of Athlete (or Parent if under 18 years of age) _____

Emergency contact/phone _____ **Date** _____

<p>For Official Use Only. Do Not Mark.</p>	<p>Runner No. _____</p> <p><input type="checkbox"/> TCA Student</p>
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