

# HOLY CROSS SCHOOL

1008 Jefferson Street • Mendota, IL 61342 • 815-539-7003 • shamrockhcs5K@gmail.com

## 3<sup>rd</sup> Annual SHAMROCK DASH

SATURDAY, MARCH 9, 2019 • FOLLOWING the SHAMROCK 5K

*Kids age 3-6!*



### DASH INFORMATION:

- An age appropriate DASH for the young running enthusiast!
- Children ages 3-6 are invited to join and **RUN for FUN!**
- **Entry Fee: \$15**
- **Shirts included with entry! Must register by 2/25/19 to guarantee shirt**
- The DASH will take place at Holy Cross School following the Shamrock 5K
- **Awards & Features: Everyone WINS!**
- Register in Room 105 (across from daycare room) at 10:50 am. Dash start time approximately 11am. The kids will then be walked out to dash starting line located on Monroe Street (adjacent to school parking lot).
- DASH continues rain or shine. In case of severe weather leading to cancellation, thank you for your donation.
- Refreshments following race
- **PROCEEDS TO BENEFIT HOLY CROSS SCHOOL. No Refunds.**

### REGISTER NOW!

Complete the entry form below and return with payment to Holy Cross School, 1008 Jefferson St., Mendota, IL 61342.

Make checks payable to Holy Cross School.

Or you can **go green** and register online with a credit card: [www.runrace.net](http://www.runrace.net). Minimal fee applies for online registration.

Questions? Like us on **Facebook at HOLY CROSS CHURCH & SCHOOL-MENDOTA** or email [shamrockhcs5K@gmail.com](mailto:shamrockhcs5K@gmail.com).

### ENTRY FORM:

Name \_\_\_\_\_ T-SHIRT SIZE (circle one) YS YM YL S M L XL XXL  
Shirts will not be mailed prior to race. Pickup day of race.

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Birth Date \_\_\_\_\_ Age on DASH day 3/9/19 \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

**PARTICIPATION WAIVER:** I recognize and acknowledge that there are certain risks of physical injury to participants in these programs/activities and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity that my minor child and/or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child may be entitled to (or accrue to me or my minor child) as a result of participating in these programs/activities against: Holy Cross School/Parish, Catholic Diocese of Peoria, Starved Rock Runners, LTD., Mendota City of Commerce, City of Mendota, Mendota Township, including its officials, sponsors, volunteers, and employees. I do hereby fully release and forever discharge Holy Cross School/Parish from any and all claims for injuries, damage or loss that my minor child or I may have or which may accrue to me or my minor child and rising out of, connected with, or in any way associated with these activities. Participants registering or their parents hereby permit the taking of photographs, audio, or videotaping during the Holy Cross School/Parish Activities for publication and use of Holy Cross School/Parish deems appropriate. I further state I have trained adequately and am in suitable condition to compete in this event.

**I have read and fully understand the above and waive and release all claims.**

\_\_\_\_\_  
SIGNATURE (parent or guardian for under 18 years of age)

\_\_\_\_\_  
DATE

#### For Office Use Only

CASH \$ \_\_\_\_\_  
 CREDIT CARD \$ \_\_\_\_\_  
 CHECK \$ \_\_\_\_\_ CHECK # \_\_\_\_\_  
 ONLINE \$ \_\_\_\_\_  
 OTHER \_\_\_\_\_