



**FRATERNAL ORDER OF POLICE LODGE #186 PRESENTS
4th ANNUAL COP-RUN 5K
to benefit the Illinois Law Enforcement Torch Run for Special Olympics**

**SATURDAY, MAY 19, 2018
Odell, Illinois @ 9 am**

5K run and 1 mile walk starts and ends at downtown square
Tech-fabric T-shirts to PRE REGISTERS ONLY (by May 1, 2018)

Timing, Finish Line, DJ by ***Racing Expectations***
Post-race refreshments
Awards to overall male and female
Awards given to 1st, 2nd, and 3rd place males and females in each age divisions

ENTRY FEE

\$25 run and walk pre-register and day-of-race, but only pre-registers by May 1, 2018 receive a tech-fabric T-shirt

Make checks payable and mail to:
FOP Lodge 186 (write "5K" in the memo) or register online at RunSignUp.com
P.O. Box 743 • Pontiac, IL 61764

For more information, contact Race Director Brian Hoffmeyer
bhoffmeyer@hotmail.com, 815-546-8961 (call or text) or "CopRun 5K Odell" on Facebook

Age Divisions

- 13 and under
- 14 - 19
- 20 - 24
- 25 - 29
- 30 - 34
- 40 - 44
- 45 - 49
- 50 - 54
- 55 - 59
- 60 - 64
- 65 - 69
- 70+

PRINT NAME: _____ ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____ PHONE #: _____

E-MAIL: _____

SEX: M _____ F _____ AGE: (as of 5/19) _____ 5K run/walk: _____ 1 mile walk: _____

T-SHIRT SIZE: (circle one) ADULT: S M L XL XXL YOUTH: S M L

WAIVER: I know that running a road/off-road race is a potentially hazardous activity. I should not enter and walk/run unless I am medically able and properly trained. I assume all risks associated with running/walking in this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf waive and release FOP #186, all volunteers and sponsors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the person named in this waiver.

SIGNATURE: _____
(all entries must be signed by participant)

SIGNATURE: _____
(parent or guardian if under 18)