

CANAL CONNECTION 10K

SENIOR ACHIEVEMENTS

Male 70 to 74

| | | | |
|-----------------|--------------------|------|---------|
| Larry McMasters | West Peoria (70) | 2012 | 45:04 |
| Bob Scott | Naperville (70) | 2000 | 45:21 |
| Bob Scott | Naperville (71) | 2001 | 47:49 |
| David Larson | Princeton (71) | 2005 | 48:53 |
| David Larson | Princeton (70) | 2004 | 49:20 |
| Rolla Colson | Streator (70) | 2001 | 49:45 |
| Fran Riley | Davenport, IA (70) | 2004 | 49:49 |
| Mike Dragas | Hickory Hills (70) | 2010 | 50:11 |
| David Larson | Princeton (72) | 2006 | 50:16 |
| Auburn Wells | Bloomington (70) | 2007 | 50:36 |
| David Larson | Princeton (73) | 2007 | 50:47 |
| Donald Pratt | Monticello (74) | 2006 | 51:02 |
| Dick Lamermayer | Aurora (73) | 2002 | 51:13 |
| James Michael | Oglesby (74) | 2013 | 51:17 |
| Donald Pratt | Monticello (73) | 2005 | 51:54 |
| Andrew Marcec | Carbondale (72) | 2003 | 52:03 |
| Mike Rucker | Peoria (73) | 2013 | 52:11 |
| Mike Rucker | Peoria (71) | 2012 | 52:12 |
| Dick Lamermayer | Aurora (74) | 2003 | 52:21 |
| Mike Rucker | Peoria (72) | 2012 | 52:26 |
| Robert Pool | Onarga (71) | 2007 | 52:29 |
| Mike Wilson | Valparizo, IN (70) | 2011 | 52:35 |
| Andrew Marcec | Carbondale (73) | 2004 | 52:58 |
| Auburn Wells | Bloomington (74) | 2011 | 53:16 |
| Auburn Wells | Bloomington (72) | 2009 | 53:40 |
| Andrew Marcec | Carbondale (71) | 2002 | 53:44 |
| David Larson | Princeton (74) | 2008 | 53:54 |
| James Noland | Chicago (73) | 2005 | 54:05 |
| Vic Twomey | Roseville (70) | 1997 | 54:08 |
| Donald Deters | Flanagan (70) | 2004 | 54:34 |
| Jerry Bauer | Waukesha, WI (71) | 2015 | 54:47.2 |

CANAL CONNECTION 10K

SENIOR ACHIEVEMENTS

| | | | |
|-------------------|---------------------|------|---------|
| Jim Harman | Crest Hill (71) | 2012 | 54:58 |
| Dean Rowe | Princeton (71) | 2014 | 55:25 |
| George Hinkle | Springfield (70) | 2011 | 55:51 |
| Robert Pool | Onarga (70) | 2006 | 55:56 |
| Vic Twomey | Roseville (71) | 1998 | 56:01 |
| Werner Tyczka | Glendale Hts (71) | 2014 | 56:13 |
| Werner Tyczka | Glendale Hts (70) | 2013 | 56:21 |
| Harry Scheckel | New Lenox (71) | 2015 | 56:29.0 |
| Robert Pool | Onarga (72) | 2008 | 56:34 |
| Dean Rowe | Princeton (72) | 2015 | 56:51.7 |
| Vic Twomey | Roseville (73) | 1999 | 57:02 |
| Ed Jamieson | Bettendorf, IA (70) | 2008 | 57:14 |
| Bob Zikmund | Yorkville (71) | 2012 | 57:16 |
| George Hinkle | Springfield (71) | 2012 | 57:50 |
| Charlie Grotevant | Pontiac (71) | 2013 | 57:55 |
| Dick Wilson | Bloomington (73) | 2006 | 58:01 |
| Robert Pool | Onarga (73) | 2009 | 58:13 |
| Jerry Bauer | Tuscola (70) | 2014 | 58:15 |
| Mike Rucher | Peoria (70) | 2010 | 59:05 |
| Bob Winn | Peoria (73) | 1999 | 59:28 |
| William Lamps | Oglesby (71) | 2014 | 59:29 |
| Sam Romberg | Libertyville (73) | 1999 | 59:36 |
| Tom Baumgartner | Yorkville (71) | 2014 | 60:03 |
| Don Deters | Flanagan (72) | 2006 | 60:22 |
| Tom Baumgartner | Yorkville (70) | 2013 | 60:34 |
| Doug Nelson | Rock Falls (70) | 2014 | 60:49 |
| Robert Pool | Onarga (74) | 2010 | 61:06 |
| James Barry | New Lenox (73) | 2008 | 61:21 |
| Dick Fislar | Rock Island (72) | 2009 | 61:40 |
| Roger John | Dunlap (71) | 2012 | 62:17 |
| Vic Twomey | Roseville (74) | 2000 | 62:45 |
| James Barry | Naperville (72) | 2007 | 63:07 |
| Gordon Biggar | Washington (70) | 2003 | 63:09 |

CANAL CONNECTION 10K

SENIOR ACHIEVEMENTS

| | | | |
|-----------------|------------------|------|---------|
| Lanny Lobdell | Normal (71) | 2013 | 63:34 |
| Terry Bergin | Shorewood (72) | 2009 | 64:29 |
| Bill Murphy | Joliet (70) | 2001 | 64:42 |
| James Barry | New Lenox (74) | 2009 | 65:27 |
| Henry Gallenz | Rockford (70) | 2010 | 65:34 |
| Jim Dienkel | Rockford (70) | 2010 | 65:52 |
| Richard Knight | Flanagan (70) | 2002 | 65:54 |
| James Barry | New Lenox (70) | 2005 | 67:10 |
| James Barry | New Lenox (71) | 2006 | 67:27 |
| John Harbeck | Ottawa (70) | 2005 | 67:28 |
| Dick Fislar | Rock Island (74) | 2011 | 67:52 |
| Bob Thompson | Homer Glen (72) | 2013 | 67:54 |
| Ken Moser | Decatur (71) | 2004 | 67:57 |
| Terry Bergin | Shorewood (73) | 2010 | 67:57 |
| Max Zollner | Joliet (70) | 2009 | 68:00 |
| Dean Lake | Earlville (70) | 1989 | 68:22.9 |
| Dean Rademaker | Springfield (72) | 1997 | 68:38 |
| Ray Kolodzeski | Normal (71) | 2007 | 68:41 |
| Robert Hallberg | Rockford (70) | 2007 | 69:54 |
| Terry Bergin | Shorewood (74) | 2011 | 70:35 |
| Dean Rademaker | Springfield (71) | 1996 | 70:47 |
| Richard Knight | Flanagan (71) | 2003 | 71:09 |
| Jack Coleman | Joliet (73) | 2010 | 71:13 |
| Bob Winn | Peoria (74) | 2000 | 71:32 |
| Robert Pool | Onarga (74) | 2011 | 71:39 |
| Ken Moser | Decatur (73) | 2006 | 72:01 |
| Bob Thomson | Homer Glen (71) | 2012 | 72:40 |
| Bob Thomson | Homer Glen (70) | 2011 | 72:44 |
| John Harbeck | Ottawa (72) | 2007 | 73:02 |
| Bruce Lang | Bloomington (70) | 2014 | 75:06 |
| Don Egan | Springfield (71) | 2006 | 78:37 |
| Fred Scholz | Marthan (70) | 1989 | 79:57.6 |

CANAL CONNECTION 10K

SENIOR ACHIEVEMENTS

| | | | |
|----------------|-------------------|------|---------|
| Guy Blazier | Genoa (74) | 2015 | 82:56.1 |
| Yoshiaki Takei | West Chicago (70) | 2015 | 85:07.2 |
| John Harbeck | Ottawa (74) | 2009 | 86:47 |
| Jim Stoutner | Peru (72) | 2015 | 91:31.9 |
| Russell Wood | Oglesby (74) | 2013 | 92:12 |
| Randy Comba | Princeton (71) | 2013 | 95:11 |
| Sheldon Nicol | Shorewood (70) | 2013 | 98:39 |
| Randy Comba | Princeton (72) | 2014 | 98:17 |
| Bill Lauer | Joliet (72) | 2006 | 132:38 |

Female 65 to 69

| | | | |
|-----------------|------------------|------|---------|
| Barbara Miller | Modesto, CA (68) | 2007 | 48:23 |
| Barbara Gurtler | Peoria (65) | 1999 | 50:26 |
| Barbara Gurtler | Peoria (68) | 2002 | 51:08 |
| Barbara Gurtler | Peoria (66) | 2000 | 51:16 |
| Barbara Gurtler | Peoria (69) | 2003 | 52:11 |
| Barbara Gurtler | Peoria (67) | 2001 | 53:17 |
| Mary Jane Pratt | Granville (67) | 2006 | 53:55 |
| Mary Jane Pratt | Granville (65) | 2004 | 54:14 |
| Mary Jane Pratt | Granville (68) | 2007 | 54:25 |
| Mary Jane Pratt | Granville (69) | 2008 | 55:30 |
| Mary Jane Pratt | Granville (66) | 2005 | 55:56 |
| Martha Scheirer | Metamora (65) | 2010 | 57:27 |
| Meg Anderson | Normal (66) | 2014 | 58:28 |
| Meg Anderson | Normal (67) | 2015 | 59:41.3 |
| Lois Jazo | Pawnee (68) | 2009 | 60:13 |
| Lois Jazo | Pawnee (67) | 2008 | 61:07 |
| Annette Lobdell | Normal (68) | 2010 | 61:16 |
| Elaine Fritz | Kewanee (65) | 1999 | 61:30 |
| Lynn Lulay | Dunlap (66) | 2014 | 61:33 |
| Dorothy Venturi | Farmington (68) | 2005 | 61:34 |
| Annette Lobdell | Normal (67) | 2009 | 62:44 |

CANAL CONNECTION 10K

SENIOR ACHIEVEMENTS

| | | | |
|-----------------|---------------------|------|---------|
| Diana Jamison | Bettendorf, IA (67) | 2005 | 63:08 |
| Annette Lobdell | Normal (69) | 2011 | 63:28 |
| Sandra Theobald | Peoria (65) | 2007 | 63:43 |
| Annette Lobdell | Normal (66) | 2008 | 64:58 |
| Joyce Simkins | Peru (66) | 2011 | 65:00 |
| Lynn Lulay | Dunlap (67) | 2015 | 65:11.9 |
| Bey-Yu Hilgart | Homer Glen (65) | 2014 | 65:19 |
| Jo Vesonder | Peoria (65) | 1999 | 66:14 |
| Lois Jazo | Pawnee (69) | 2010 | 66:14 |
| Nancy Gates | Chadwick (65) | 1999 | 66:27 |
| Sandra Theobald | Peoria (68) | 2010 | 66:46 |
| Geneva Meadows | Grand Mound, IA | 1989 | 66:47.5 |
| Jo Vesonder | Peoria (67) | 2001 | 66:59 |
| Joyce Simkins | Peru (67) | 2012 | 67:02 |
| Carol Stapleton | Channahon (65) | 2015 | 67:43.1 |
| Elaine Fritz | Kewanee (66) | 2000 | 68:26 |
| Sue Rentsch | Chatham (65) | 2006 | 68:35 |
| Judy Teeple | Davenport, IA (69) | 2010 | 68:37 |
| Lou Ann Winter | Wenona (67) | 1999 | 68:39 |
| Diana Jamison | Bettendorf, IA (68) | 2006 | 69:12 |
| Diana Jamison | Bettendorf, IA (66) | 2004 | 69:13 |
| Diana Jamison | Bettendorf, IA (69) | 2007 | 69:19 |
| Elaine Fritz | Kewanee (67) | 2001 | 71:39 |
| Sandra Theobald | Peoria (69) | 2011 | 71:40 |
| Lou Ann Winter | Wenona (65) | 1997 | 72:31 |
| Lou Ann Winter | Wenona (69) | 2001 | 72:41 |
| Marilyn Quas | Homewood (67) | 2007 | 72:56 |
| Marilyn Quas | Homewood (68) | 2008 | 72:57 |
| Elaine Fritz | Kewanee (68) | 2002 | 73:27 |
| Jo Vesonder | Peoria (68) | 2002 | 73:29 |
| Nancy Gates | Chadwick (69) | 2004 | 73:57 |
| Jeanne McCoy | Princeville (66) | 2006 | 74:24 |
| Lou Ann Winter | Wenona (68) | 2000 | 74:31 |

CANAL CONNECTION 10K

SENIOR ACHIEVEMENTS

| | | | |
|-------------------|------------------|------|---------|
| Diane Nelson | Dixon (69) | 2015 | 76:08.6 |
| Lou Ann Winter | Wenona (66) | 1998 | 76:11 |
| Eleanor Beams | Tiskilwa (67) | 1999 | 77:22 |
| Carol Stapleton | Channahon (65) | 2014 | 77:42 |
| Diane Hollister | Bloomington (65) | 2015 | 78:51.6 |
| Marilyn Quas | Homewood (66) | 2006 | 80:00 |
| Marilyn Quas | Homewood (69) | 2009 | 82:33 |
| Eleanor Beams | Tiskilwa (68) | 2000 | 83:08 |
| Tracy Harris | Peoria (68) | 2012 | 83:16 |
| Elaine Fritz | Kewanee (69) | 2003 | 84:32 |
| Lois Elder | Champaign (68) | 2007 | 91:12 |
| Margaret Kampfner | Flanagin (65) | 2009 | 92:40 |
| Carol Gugerty | Princeton (69) | 2015 | 95:09.4 |
| Margaret Kampfner | Flanagin (67) | 2011 | 110:00 |